

ST. MARK'S PARISH

5th July 2026 14th Sunday of Ordinary Time Year A

Parish Clergy: Rev Seán Bradley & Rev Nicholas Hodgson

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MASS DATES

TIMES

INTENTIONS

Saturday 4th July	Vigil	5:00pm	People of the Parish
Sunday 5th July		10:00am	Sr Helen McLaughlin (SpInt)
Monday 6th July		10:00am	Margaret Meek (SpInt)
Tuesday 7th July		10:00am	Douglas Jessiman (RIP)
Thursday 9th July		10:00am	Pat McBean (RIP)
Friday 10th July		10:00am	Ita & Clive Watts (SpInt)
<i>Saturday 11th July</i>	<i>Vigil</i>	<i>5:00pm</i>	<i>Catherine McInnes (SpInt)</i>
<i>Sunday 12th July</i>		<i>10:00am</i>	<i>People of the Parish</i>

CONFESSIONS available before Sat Vigil 4.15-4.45pm and before Sun Mass 9.15-9.45am or upon request after any of the weekday Masses.

EUCCHARISTIC ADORATION: Every Tuesday & Friday Morning 09.15am – 09.45am

RELAX

The readings this weekend speak to anyone who feels tired by the demands of daily life. The prophet Zechariah speaks of a humble king who comes in peace, St Paul reminds us that life in the Spirit sets us free, and Jesus gives one of the most comforting invitations in the whole Gospel: "Come to me, all you who labour and are overburdened, and I will give you rest."

We spend so much time trying to carry everything ourselves that we can forget we were never meant to.

Jesus does not promise a life without burdens. He promises to carry them with us. We walk beside the One who knows every hill, every headwind and every stumble. The Lord who calls us also walks beside us, strengthening us through His grace, His Word and the Eucharist.

We can often think we must earn God's love by working harder, praying better or never making mistakes. But the Gospel tells a different story. Christ does not wait for us to become perfect before inviting us to Himself. He meets us where we are, with our worries, failures and weariness.

As we make our way through another Scottish week—with its changing weather, busy schedules and everyday challenges, perhaps this week we could set down, even for a few moments, the burdens we insist on carrying alone. A quiet prayer, a visit to church, or simply sitting in God's presence may be enough for us to remember that we were loved long before we achieved anything. The Lord is not waiting for us to be impressive. He is waiting with open arms, ready to give weary hearts the rest they truly need.



PARISH NEWS

WELCOME If you are just visiting our parish today, a regular attendee or if this is the first time you have been to Mass for a while, we welcome you to our humble parish and hope our time together unites us all in God's love. Please, feel free to take a newsletter home with you to read.

CONGRATULATIONS to Rosie Eimear Braithwaite, daughter of David and Jane Braithwaite who was baptised in St Mark's church last weekend. We welcome her into our parish.

SACRAMENT OF BAPTISM If you wish to have your child baptised, please arrange an appointment with Fr. Seán or Fr. Nick either after Mass, by calling the parish office or sending an email to the above listed email address. Please remember that at least one of the child's parents should be a practicing Catholic as should one of the chosen Godparents/Sponsors.

CHILDRENS LITURGY: our Children's Liturgy group are now, following with the schools, on a break for the School Summer Holidays. We will start up again in conjunction with the new school term on 16/08/26. We would also like to acknowledge the hard work of our Children's Liturgy Group Leaders who give tirelessly of their time in helping our wee lambs grow in the understanding of their faith and experiencing the love of God. May God bless you all.

PLEASE REMEMBER IN YOUR PRAYERS the children of St. Mark's primary who will be moving on to secondary education after the summer holidays - that they will enjoy their new schools and be happy in everything they do. Let us also remember those who will be going on holidays and travelling during the weeks ahead, May the Good Lord continue to watch over them and bless them with his care.

LOURDES PILGRIMAGE WELCOME MASS: In preparation for the Archdiocesan Pilgrimage to Lourdes (10-17 July), there will be a Mass in St Cuthbert's, Slateford Road, Edinburgh, this Sunday (5 July) to which all are welcome. Please note this Mass will be at 3:30pm, half an hour later than previously notified.

PRAYERS are asked for those parishes in our Archdiocese who are preparing for a change of priests, may they all work together united in their love for God.

SECOND COLLECTION: in aid of Peter's Pence last weekend realised a combined donation of £135. Thank you.

SECOND COLLECTION: in aid of St. Mark's Building Fund will be held this weekend 4th/5th July 2026. Your support for our Parish is greatly appreciated and needed. Thank you

<i>St. Mark's</i>	<i>ATTENDANCE</i>	<i>OFFERTORY</i>	<i>Thank you, without your contributions the work of God's church would not be possible</i>
<i>VIGIL</i>	<i>67</i>	<i>£313</i>	
<i>SUNDAY</i>	<i>135</i>	<i>£422</i>	

St. Marks's, Oxbgangs is a parish of The Archdiocese of St Andrew's & Edinburgh, a charity registered in Scotland - Number SC008540

LITURGY OF THE WORD

First Reading: A reading from the prophet Zechariah [9:9-10]

Behold, your king is coming to you, humble.

Thus says the Lord: Rejoice greatly, O daughter of Sion! Shout aloud, O daughter of Jerusalem! Behold, your king is coming to you; righteous and having salvation is he, humble and mounted on a donkey, on a colt, the foal of a donkey. I will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle bow shall be cut off, and he shall speak peace to the nations; his rule shall be from sea to sea, and from the river to the ends of the earth.

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Responsorial Psalm [Ps 145(144):1-2. 8-9. 10-11. 13c-14. ± cf. 1]

Response: I will bless your name forever, my God and King.

I will extol you, my God and king,
and bless your name for ever and ever.

I will bless you day after day,
and praise your name for ever and ever.

The LORD is kind and full of compassion,
slow to anger, abounding in mercy.
How good is the LORD to all,
compassionate to all his creatures.

All your works shall thank you, O LORD,
and all your faithful ones bless you.
They shall speak of the glory of your reign,
and declare your mighty deeds.

The LORD is faithful in all his words,
and holy in all his deeds.
The LORD supports all who fall,
and raises up all who are bowed down.



Second Reading: A reading from the letter of St Paul to the Romans [8:9.

11-13] *If by the Spirit you put to death the deeds of the body, you will live.*

Brothers and Sisters: You are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you. So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live

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Alleluia, alleluia!

**I thank you, Father, Lord of heaven and earth,
you have revealed the secrets of the kingdom to little children.**

Alleluia!

Gospel: A reading from the holy Gospel according to Matthew [11:25-30]

I am gentle and lowly in heart.

At that time Jesus declared, 'I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

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